MID MORNING

10 - 11.30am

Freshly squeezed blood orange ruby grapefruit juice	3.75
Orange, carrot and persimmon juice	4.00
Fresh Smoothies:	
Orange and strawberry mango and passionfruit	4.50
Toasted banana bread, espresso butter	4.25
Porridge, glazed apples, cinnamon, maple syup	6.75
House baked beans, toasted sourdough, soft boiled egg	8.50
Crispy prosciutto, spinach, mushrooms, tomato ciabatta	9.50
Sun-dried tomato & Parmesan scone	3.95
Feta, courgette & olive muffin	3.95

Please inform us of any allergies or dietary requirements at the time of ordering.

We cannot guarantee the absence of allergens through cross contamination. Therefore, regrettably, we are unable to cater for guests with anaphylactic or life threatening food allergies.

